Rocky Bay Child and Family Services

MONTHLY NEWSLETTER

SEPTEMBER 2022



SEPTEMBER IS WAABAAGBAGAA-GIIZIS (LEAVES TURNING MOON)

THANK YOU - MEEGWECH

We would like to thank BZA for providing CLE tickets to the

members.

We would also like to thank the

RBCFS Parent-Volunteer Committee

for raffling off family packages of CLE

tickets for members.

CLE photos courtesy of Mel Bonear.

Summer Time BBQ Fun:



Both RBCFS offices hosted a Youth BBQ on August 11th. Families enjoyed hotdogs and refreshments, and enjoyed visiting with each other. The BZA summer students helped with the setup decorating tables and cleaning up afterwards.









August 30/31.. The Parent-Volunteer Committee distributed backpacks to the BZA

Both offices also hosted a Back to School BBQ on

families. Jamie oversaw the bouncy castle and all the children had a blast!

















Thunder Bay Summer Students 2022!

This year it was my pleasure to facilitate the Thunder Bay Summer Students! Although a short two weeks (that flew by) we managed to implement a good balance of work,



fun activities, and skill building. This year the students learned about Indigenous history, the supports Rocky Bay Child and Family Services provide, as well as fundamental employment skills. The students

participated in the Unity Gathering facilitated by Nokiiwin Tribal Council. And to top it off Moose Legs gave the students an amazing day! The students most importantly connected with each other and gained a newfound knowledge of the strength and support of our community.

I would like to add a special thank you to Moose Legs for hosting a day of fun activities and instilling positive values into our youth. Give him a



Follow on TikTok – Mooselegs2.

Here's to another great year and many more to come!

Cohen Richardson Jordan's Principle Service Coordinator





<u> Artwork submitted by Averil La Duke:</u>

"The nuns would cut their hair because they knew it was important to our people, also because they were trying to disconnect the indigenous children from their traditions and their culture"



BZA FAMILY SUPPORT PROGRAM

Cynthia Wynne – Family Support Worker

<u>BZA Adult Social</u> - The Adult Social took place August 9, 2022, 6pm-8pm. We play whatever the group decides. We play cards & dice. We play euchre, crib, or hockey. We also enjoy a good game of Yahtzee.



BZA Sewing Club -

The FSW program hosts a weekly sewing club in the community for anyone who wishes to attend. We started out with creating ribbon skirts/shirts. We will be doing more creations as the sewing grows. We also will have an Elder teaching us her knowledge along with the teachings. Come out and share your sewing skills while mingling with community members. Come share some laughs. The sewing club welcomes everyone. Mothers, Fathers, Babies.



I would like to take this time to acknowledge Kayla Thompson.
Kayla participates in the weekly sewing club. She is a mother to twin daughters (who also attends the sewing club). But this

mama has inspired me. From my knowledge, Kayla has limited sewing experience. But that didn't stop her from creating. Kayla made her twin daughters ribbon skirts. And she didn't stop there. Kayla then

went on to make her twin daughters' jingle dresses. Kayla also made her sister a ribbon skirt. This warms my soul. I cannot express how happy my heart is.

Great job Kayla!!! We look forward to your future creations. Awesome creations!!!



BZA Elders' Social

I cannot express enough how much the Elders appreciate this event. They are ever so helpful too. I appreciate the Elders.



BZA Family Craft Night

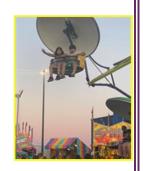
For this month's family craft we did some painting. The children were so creative with the creations.





PARENT-VOLUNTEER COMMITTEE

RBCFS would like to thank
Francine Nobis for hosting several
raffles for family packages of CLE
tickets on the Buddy Resure
Bingo 2 FB page for BZA
members. It was greatly
appreciated by many families who
enjoyed a day at the exhibition.
Photo courtesy of Jamie Ledger



The Parent-Volunteer Committee provided back-toschool backpacks for the BZA members and affiliates. We would like to thank Francine for raising funds to purchase the backpacks for families.









ELDERS' CORNER:

Elders' Drumming with Diane:



The Elders' Drumming With Diane takes place twice monthly. The first session was held in July with Elder Diane Hardy.

Diane introduced her drum, did a teaching, and shared one of her songs. We would like to thank Diane for bringing in her drum and sharing her knowledge with us.



Elders' Monthly Social:

The Elders' Social for Thunder Bay took place August 22nd. Elder Mona made her famous meat pie along with 3 salads for supper followed up by her just as famous homemade pies. The Elders enjoyed some bingo games and lots of laughs.



Family Craft Night:

We will be introducing a new program at the Thunder Bay satellite office in September called Family Craft Night with the Elders. Elders will be on site to help with any projects that members may be working on such as beading crafts, sewing ribbon skirts, hemming pants etc. Elders will not be hosting workshops but will be there for guidance and we do have sewing machines available to use. There will be small craft projects available for children to make. For more info, please contact Thomas at tkrawczuk@rockybayfn.ca.

TRADITIONAL CARE

The Traditional Care team took part in the annual Anishnawbe Keeshigun held at the Fort William Historical Park. Participants enjoyed hands-on activities and demonstrations that highlighted the Anishinaabe culture and traditions.



For the month of September the Traditional Care Team will be doing one on one programming with our families to make the children each their own ribbon shirt/ribbon skirt. It will be carried on to the month of October for both Traditional Care Families in the city and in the community.

The Traditional Care team will be reaching out to the foster care parents to register for the ribbon shirt/ribbon skirt making workshop.

SOCIAL REPATRIATION

<u>Kidz Korner</u> – takes place weekly on Monday evenings at the satellite office in Thunder Bay. Kids enjoy doing crafts, coloring, playing games, and having fun. Snacks and refreshments are always served.

<u>Game Night</u> – also takes place weekly at the satellite office in Thunder Bay and happens on Thursday evenings. Board games, card games, Uno, Jenga, having fun, and snacks are enjoyed by all.

To register for either event please contact the receptionist Jamie at 807-475-4703.



