

Rocky Bay Child and Family Services

MONTHLY NEWSLETTER

JANUARY 2024



JANUARY IS
MANIDOO-GIIZIS
(SPIRIT MOON)

Off-Reserve Christmas Party

It was a full house at the Victoria Inn Ballroom in Thunder Bay!

On December 6th, 2023, Rocky Bay Child & Family Services hosted their annual BZA Band off-reserve Christmas Party. Guests got together and socialized with one another and shared some laughs and hugs for the holiday season. An amazing turkey dinner was served with delicious desserts! Afterwards, some heartfelt speeches were made, and guests received their Christmas gifts.



We would like to thank everyone for coming to this event and we hope to see you at next year's Christmas party!

Special Thanks

We received some wonderful words over the holidays from Alice Nobis about the mixed martial arts classes we hosted over the past few months.

"I would like to thank Rocky Bay Child & Family Services for the opportunity they gave the kids to attend the MMA classes. My grandson enjoyed it very much. The instructors were awesome, the kids have more confidence. They enjoyed healthy exercise and a whole lot of laughs. I think the kids would love to continue with the classes if given the opportunity! Miigwetch"

Thank you very much Alice, we are happy families enjoyed the classes!

"Life becomes easier when you learn to accept
the apology you never got."

--R. Brault

Prevention Programming

On Wednesday, December 6th, 2023, Prenatal Infant Care Worker Jessica Colvin, and Early Childhood Intervention Worker Jaime Duke hosted a baby ornament making program at the Rocky Bay Child & Family Services office in BZA.

Guests arrived with their babies and got to make ornaments out of clay with their baby's handprints pressed into the clay and then lightly baked in the oven. After the clay was baked and cooled, guests got to paint the ornament afterwards, so cute!

Guests got to enjoy snacks and then went home with beautiful ornaments to hang on their Christmas tree!



Programming continued

On December 8th, 2023, Peggy Lynch of Rocky Bay Child & Family Services hosted a cookie making program at BZA Community Centre. Guests got to enjoy snacks and refreshments while making different kinds of cookies to get into the Christmas spirit! It was a blast, thank you to all who came out!

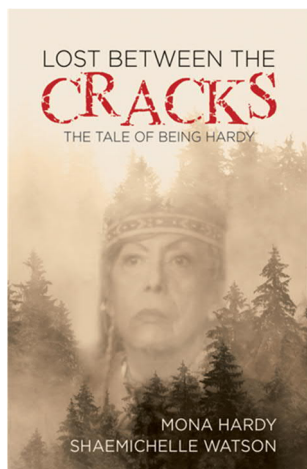


Programming continued

On December 8th, 2023, Rocky Bay Child & Family Services' Prevention Worker, Josee Lynch hosted a wind-up trip for her book club to Thunder Bay! The club just finished reading the book 7 Fallen Feathers and Josee brought her book club members to the restaurant Montana's for a delicious lunch and then went to Indigo bookstore to look at some new books for the book club.



Josee also provided her book club with copies of a book written by Rocky Bay child & Family Services' Elder, Miss Mona Hardy and author ShaeMichelle Watson! The book is called *Lost Between the Cracks*, book club members were thrilled and honoured to receive this book. Congratulations Miss Mona for your incredible accomplishment!



You can purchase Mona's book on [Amazon.com](https://www.amazon.com)! You can also visit the website lostbetweenthecracks.ca!

Josee will be continuing her book club sometime in the future, be on the lookout for the next dates by visiting the Rocky Bay Child & Family Services Facebook page!

Traditional Care

Rocky Bay Child & Family Services' Traditional Care Team spread some holiday joy by purchasing sugar cookie gift baskets to families this holiday seasons. Families shared some photos of them with their baskets, how sweet is that! We hope families had a safe Christmas and a happy new year!



On December 13th, 2023, The Traditional Care Team also hosted a luncheon for their Traditional Care Providers at Boston Pizza in Thunder Bay.

Traditional Care Providers are just about done their home studies, also new recruitments have just

been approved, that's great news! Thank you, Traditional Care Team, for providing families a wonderful meal!

