

Rocky Bay Child and Family Services

MONTHLY NEWSLETTER

JANUARY

RBCFS Christmas Cheer 2021

The Rocky Bay Child & Family Services would like to thank the Parent-Volunteer Committee for their contribution to the Christmas packages that were delivered to the BZA families.

We would also like to thank BZA for providing turkeys or turkey vouchers to the families.

The RBCFS elves worked hard preparing the Christmas packages for delivery to the families. The children were excited and happy to receive their presents.



Jessie
loves her
LOL car!



The coming year is filled with opportunity; our hopes are that you are successful in all you do over the coming year. – Author unknown

JANUARY IS
MANIDOO-GIIZIS
(SPIRIT MOON)

ELDERS' CORNER

Beef Goulash (by Mona Hardy)

2 pounds lean beef
1 lg onion chopped
1 11 oz. can V8 juice
½ teaspoon pepper

Brown meat & onions
Add juice & pepper
Simmer 1 and ½ hour

Serve with egg noodles.

* The Elders' Committee is still taking recipes for the Elders' Cookbook. Please email recipes to jlledger@rockybayfn.ca

OFFICE CLOSURE

Due to the rise in COVID-19 cases the Rocky Bay Child & Family Services office both in BZA and Thunder Bay will be closed for all visitors and staff will be working from home and available during regular working hours.

The Thunder Bay receptionist will be taking calls at 807-475-4703.
The BZA receptionist will be taking calls at 807-885-1697.

Please see monthly calendar for On-Call staff contact info for weekend coverage.

All programming will be virtual until further notice.

PARENT-VOLUNTEER DECEMBER DRAWS:

**Winners of the TV's: Thunder Bay – Jonathon Becker
Rocky Bay – Dallas Hardy**

Winner of the 50/50 draw: Laurienne & Lazyman Kowtiash

JANUARY FEATURED STAFF:

Wachiye!

My name is Roberta Mattinas, and I'm from Constance Lake First Nation. My spirit name is Biinesgabowek (Standing Thunderbird Woman) and I am from the Bear Clan.

I am the Child and Family Services Worker for Rocky Bay Child and Family Services at the satellite office in Thunder Bay.

I am a mother of two boys. I love to bead, sew, and dance.



LOOKING FORWARD TO JANUARY!

**ALL EVENTS WILL TAKE PLACE
VIRTUALLY**

**PLEASE CHECK THE ROCKY BAY CHILD
AND FAMILY SERVICES' FACEBOOK PAGE
FOR JANUARY'S POSTED EVENTS.**

**WE LOOK FORWARD TO HOSTING
IN-PERSON EVENTS IN THE
NEAR FUTURE.**

PARENT-VOLUNTEER CHRISTMAS ACTIVITY WINNERS

Children's Christmas Activities

	Make an advent calendar	1 st - Dylan 2 nd - River 3 rd - Theren	
	Make a hot chocolate surprise	1 st - Theren 2 nd - Talon 3 rd - Takoda	
	Best wrapped present & homemade card	1 st - Cory 2 nd - Emerson 3 rd - River	
	Make a Christmas sled from boxes	1 st - T.J. 2 nd - Torren 3 rd - Emerson	
	Make a New Years' shirt	1 st - Toriann 2 nd - Benny 3 rd - Ryder	

Adult's Christmas Activities

	Make a Mistletoe	1 st - Nathan Sr 2 nd - Chelsea 3 rd - Trysh	
	Make a pair of Christmas pants	1 st - Brandie 2 nd - Melissa 3 rd - Tenessa	
	Your 2021 Christmas tree	1 st - Joann 2 nd - Priscilla 3 rd - Lenzie	
	Your best festival Christmas table	1 st - Lisa 2 nd - Melissa 3 rd - Cassandra	
	Make your best New Years' cake	1 st - Alice 2 nd - Felicia 3 rd - Jewel	