

MONTHLY NEWSLETTER

FEBRUARY 2023



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(BEAR MOON)

Winter Fun:

Several sliding events took place throughout the month of January. The Social Repatriation program held a sliding event at the Balsam Pit Park sliding hill in Thunder Bay. Snacks and refreshments were provided.



Parenting Support Worker, Kayla Thompson, and Traditional Care Worker, Farrah King hosted a Winter Sled Party at the Spirit Bay Public School in BZA. The event was well attended and everyone had a great time; food and an attendance draw were provided.

The Traditional Care Team in Thunder Bay also held a Sliding event at the Centennial Park on January 22nd. Participants enjoyed a fun-filled afternoon of sliding; food and an attendance draw were also provided.



PARENT SUPPORT PROGRAM Thunder Bay Office

Parent Support Worker Laura Legarde hosted two crockpot cooking events in January. The first was beef stew and participants got to take home their crockpots. The second event was chili in a bag for participants to take home and cook in the crockpot or freeze for a future meal. A light lunch and refreshments were served.



Laura also hosted two bingo events with Parent Bingo on January 11th. Food prizes were awarded and a lunch was served. The Bingo Night on January 27th was a huge success with standing room only. Participants were treated to tacos and refreshments and a great time was had by all.

Check our Facebook page for upcoming events in February:

www.facebook.com/RBCFSBZA

TRADITIONAL CARE

We are seeking families, grandmothers, grandfathers, aunts, uncles, friends, and anyone who is willing to open their loving home to our children and youth. Caring persons who are committed to meeting the cultural, physical, emotional needs and will keep our children/youth's best interest at heart. For those who are interested in learning more about becoming a Traditional Care Provider we will be hosting a virtual presentation February 16th from 12-1 pm with an attendance draw. Please contact our Satellite Office at 807-475-4703 to register. There will also be a Dinner/Bingo held in BZA, for anyone who is interested in becoming a Traditional Care Provider, please contact Rocky Bay Office at 807-885-1697 for more information.



In January, we hosted a Winter Sled Party at Centennial Park in Thunder Bay and at the school in BZA. Everyone was welcomed for a bowl of chilli, bannock or hot dogs. Although it

was a bit windy, we still had everyone out and enjoying each others company. We also hosted a Traditional Care Provider Virtual Presentation and provided all our current Traditional Care Providers with Wellness Hampers. Our attendance draw winners were Jerryn Tuck-Wynne, Jack Hardy, Taya Hedican, Nate Thompson and Rylan McCrady!

This month our Traditional Care Home Workers will be providing our Traditional Care Providers with Cookie Decorating Kits for Valentine's Day to make at home with their families. Anyone can visit our Recruitment table February 17th 10am-12pm at Mary J. L. Black Library and 1-3pm at Waverley Library. There will be drinks and snacks provided along with an adult and child prize drawn at each location.

Miigwetch from the Traditional Care Team.

PREVENTION - INTERVENTION

Prevention Worker Thomas Krawczuk hosted Game Night at the Thunder Bay office on January 19th. Attendees were treated to his secret pizza garlic toast. Taryn Hardy won a water bottle. Jaxon Bonear won an Xbox wired controller and a \$20 Walmart gift card.



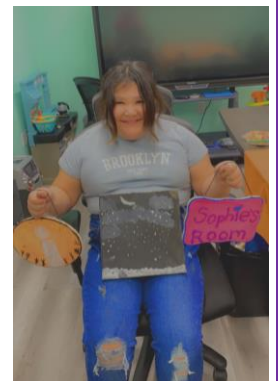
Thomas also hosted a dinner for the high school students on January 26th. Teens enjoyed dinner, munchies and drinks. They watched Godzilla vs. King Kong, then played some bingo. Christian Bouchard won a Baby Boom Co wireless speaker, Aurora LaDuke won a Shakespeare rod and tackle, Averil LaDuke won wireless earbuds and a water bottle.



BZA FAMILY CRAFT NIGHT

Family Craft Night at the main office in BZA took place on January 30th.

Sophie King enjoyed pizza, refreshments, and created some amazing artwork for her room. Great job Sophie! She won a \$25 gift certificate for Lars Place.



PARENTING SUPPORT PROGRAM **BZA Main Office**



Parenting Support Worker Kayla Thompson hosted a Crockpot Meal Prep event on January 10th. Traditional Care worker Farrah King helped prepared “to go” meal bags for those who were registered but unable to attend; the meals were home delivered.

Another Crockpot event took place on January 24th and participants prepped chili bags to take home to be frozen or thrown in the crockpot. Tyler was the winner of the \$25 Lars Place gift certificate.



Kayla also hosted a Parent Day Out Bingo in January. Parents with young and grade school children attend the bingo in the afternoon. Draws were held with some “food security” prizes that were targeted towards helping provide some extra foods in the middle of the month.

The next Parent Day Out Bingo will be held on Thursday, February 9th from 1:00 – 3:00 pm at the main office in BZA. Parents and caregivers with children 0 – 6 years and school aged are welcomed to attend this event. Light snacks and an attendance draw provided.



Youth Liaison Program

Youth Liaison Worker Robin Thompson had a very busy January with Music Classes and Kids Karaoke which are held weekly. She also hosts Kids Game Night bi-weekly (see February’s monthly activity calendar on our Facebook page)

A High School Student Bingo took place on January 12th, students were treated to tacos and refreshments. Layla Hardy was the winner of a \$20 gift certificate to Spirit Bay Gas Bar. There was also a Kids Bingo on January 24th.



Robin hosted a High School Cooking Class on January 6th and Aiden enjoyed making chicken broccoli alfredo. Great job Aiden! He won a \$20 gift card for Spirit Bay Gas Bar and \$10 gift certificate to Dampier’s Variety.

Aiden cooking his chicken broccoli alfredo:



**Tada! The
finished product!**



The month was finished up with Kids Movie Night on January 31. They watched Special Delivery 2, popcorn and refreshments were provided. Creighton Hardy got to take home the movie after they were done.

ELDERS CORNER – Thunder Bay:

Adult Social – January 16th:

Elder Mona Hardy hosted the monthly Adult Social. She made pork chops baked in tomato sauce smothered with onions, served with a side of mixed veggies and potatoes, attendees enjoyed the meal.



Bingo was played after dinner. The night was full of laughter, shenanigans and many attendees taking home prizes. As always, a great meal made by Miss Mona and a riot with her never ending tales and quick wit.



Family Craft Night - January 17th – Thunder Bay Office:

Elder Christine Hardy showed attendees how to make headdresses during this event and as always other arts and crafts are available for all ages. Forever a teacher, we appreciate your crafting skills Christine.



Drumming with Elder Diane:

Elder Diane Hardy hosts biweekly hand drumming sessions where she shares her knowledge of the drum and songs she has learned over the years. A light snack is served and a draw for a door prize takes place. Everyone is welcomed.

Elders' Social – January 30th:

Miss Mona Hardy hosted the monthly Elders' Social at the satellite office in Thunder Bay. She cooked a beautiful meal of Chicken À L'Orange complete with steamed carrots and rice. Bingo was held after supper with one winner taking home a bag full of goodies.

BZA ELDERS' SOCIAL

The Elders' Social took place at the main office in BZA on January 23rd. Elders enjoyed a meal of Shake 'N Bake Chicken served with mashed potatoes, Caesar salad, and buns followed by their choice of cherry, blueberry, or strawberry rhubarb pie. Several games of bingo took place and Theresa Guimond won the door prize.



Peggy delivered a plate of food to Tunny Hardy who couldn't make it out with his buggy/scooter due to winter roads. You rock Peggy!