

MONTHLY NEWSLETTER

FEBRUARY



FEBRUARY IS
MKWA-GIIZIS
(BEAR MOON)

ELDERS' CORNER:

The Thunder Bay Elders' Committee held a virtual Elders' Social on January 17th where they played bingo. Chili and bannock were delivered to participants prior to the Social and a big thank you goes out to Mona who cooked for the event. The Elders had a really good time and everyone won a bingo game.

The next scheduled Elders' Social for the Thunder Bay satellite office is February 14th. Please contact Winonah Thompson at wthompson@rockybayfn.ca to register as spaces are limited to a maximum of 10 people and is open to the Thunder Bay Elders only.

The BZA office also hosts an Elders' Social; please contact Cynthia Wynne at cwynne@rockybayfn.ca for further info.



BUSINESS CORNER:

Both Rocky Bay Child & Family Services offices will remain closed to walk-in visitors. Staff will continue working from home and will be available during regular working hours via telephone.

Please contact Jamie Ledger (Thunder Bay receptionist) at 807-475-4703 to have your call forward to the appropriate staff member.

Please contact Josee Lynch (BZA receptionist) at 807-885-1697 to have your call forward to the appropriate staff member.

Please see monthly calendar for On-Call staff contact info for weekend coverage.

All programming will remain virtual until further notice.



FAMILY DAY – FEBRUARY 21st:

The RBCFS main office and satellite office will both be closed for FAMILY DAY, Monday Feb. 21st.

WISHING EVERYONE A
HAPPY FAMILY DAY !



JANUARY MONTHLY PARTICIPATION WINNER:

JEWEL SIMM's
DELICIOUS HOT CHOCOLATE!




LET'S TALK OJIBWE


NUMBERS 1 - 10		
ENGLISH and OJIBWE		
bezhig	one	1
niizh	two	2
niswi	three	3
niiwin	four	4
naanan	five	5
ngodwaaso	six	6
niizhwaaso	seven	7
nishwaaso	eight	8
zhaangaso	nine	9
midaaso	ten	10

LOOKING FORWARD TO FEBRUARY!

- FAMILY CRAFT NIGHT – BZA
 - TEEN TOWN – BZA
- ELDERS' SOCIAL – BZA/TBAY
 - KIDS KITCHEN – BZA
- TRAD CARE BOX SOCIAL – TBAY
- TRAD CARE MOM & TOT PROGRAM
 - LIP SYNC BATTLE – BZA
- TIK TOK DANCE CHALLENGE – BZA
- VALENTINE SNOW SCULPTURE – BZA
 - VALENTINES' CRAFTS – BZA
- CFS FAMILY CAKE BAKING – TBAY
 - SEWING CLUB - BZA



Nokiwin
TRIBAL COUNCIL



You are not alone.

Join Nokiwin's Virtual Sharing Circles for Women

Every Monday, February 7 - March 28, from 1-3 PM *excluding Family Day, February 21*
Attendees are welcome to attend any or all circles.

We'll discuss...

Safety Planning

Cycle of Violence

Types of Violence

Medicine Wheel Teachings

Healthy Relationships

Traditional Roles

Self-Care & Affirmations

Joining Info

nokiwin.live/a2j-sharing-circles

Meeting ID: 878 9055 7564
Passcode: 633053
Call-In Number: (587)-328-1099